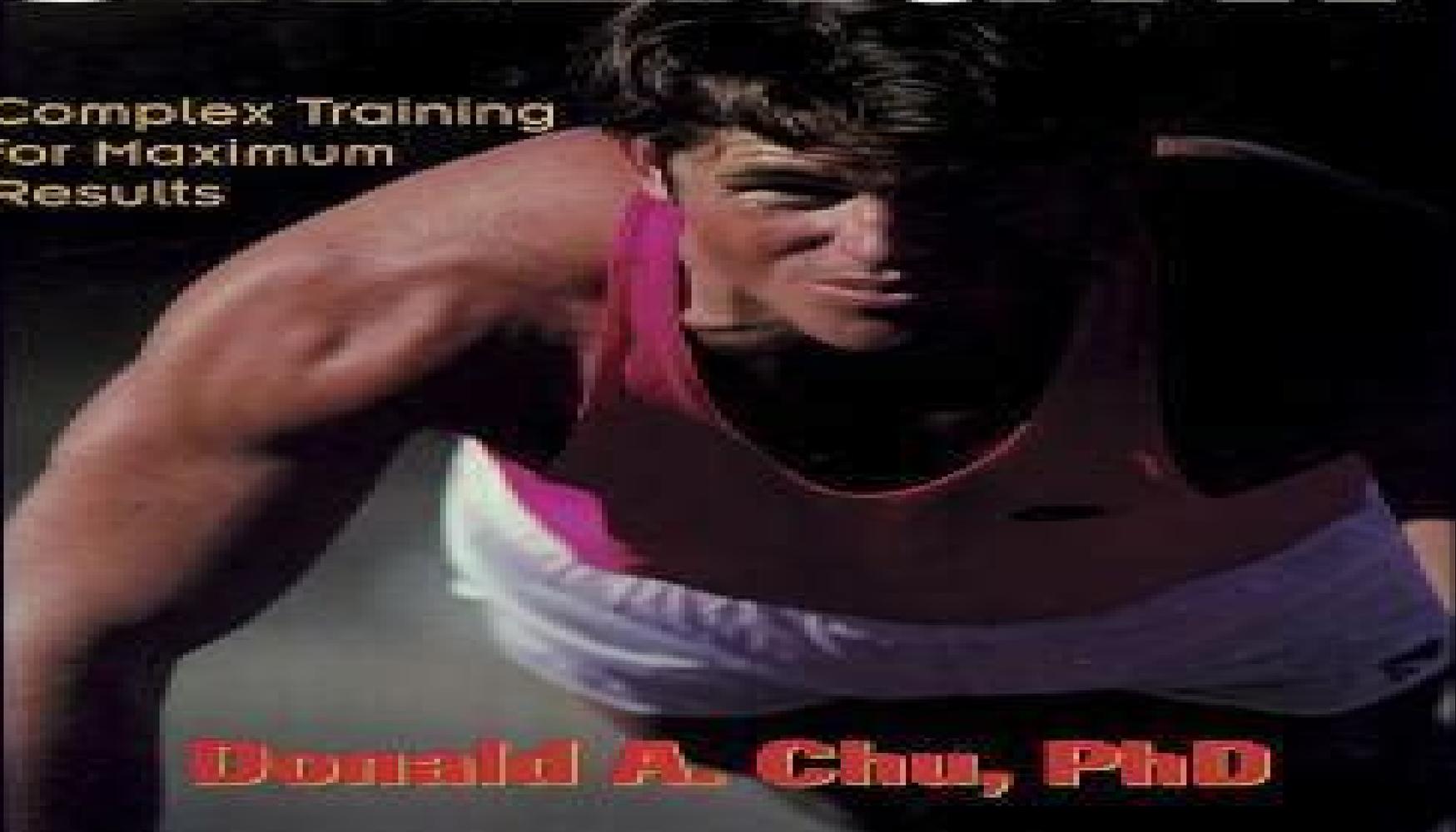


Explosive POWER & STRENGTH

Complex Training
for Maximum
Results

Donald A. Chu, PhD



Explosive Power And Strength Complex Training For Maximum Results

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