

# Printable FLASHCARDS

## 16 Healthy Habits



**LOVE YOUR  
FAMILY**



**EAT  
HEALTHY  
FOODS**



**BRUSH YOUR  
TEETH**



**WASH YOUR  
HANDS**



**DRINK LOTS  
OF WATER**



**GET  
ENOUGH  
SLEEP**



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LEARN**



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OTHERS**

# Healthy Living Cards

**O García**



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