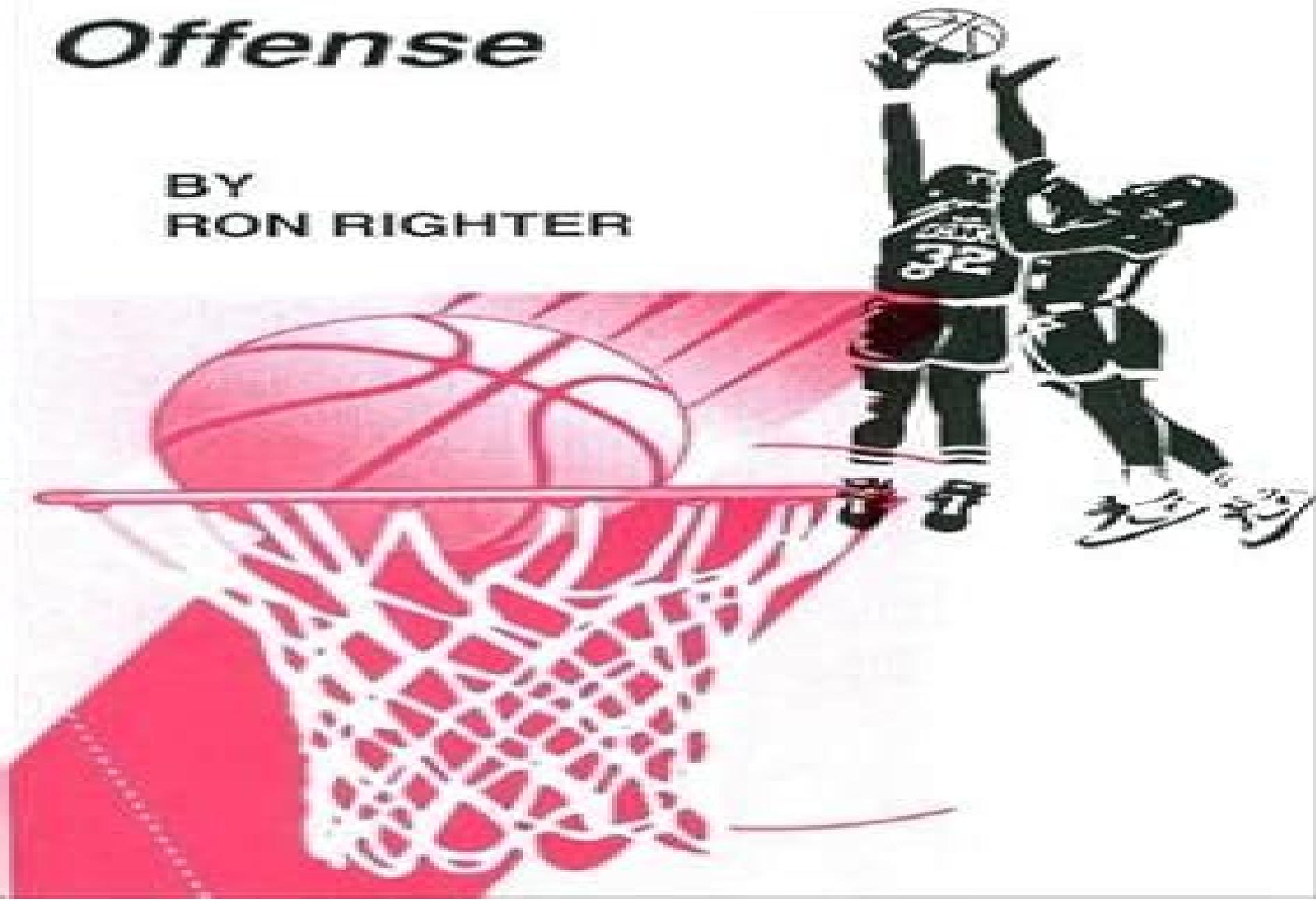


# *Flex: The Total Offense*

BY  
RON RIGHTER



# Flex The Total Offense

**JG Myers**



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