

# Excessive drinking includes:

## Binge drinking

*Women*

**4**

or more drinks

**On one occasion**

*Men*

**5**

or more drinks

## Heavy drinking

*Women*

**8**

or more drinks

**In a week**

*Men*

**15**

or more drinks



Any drinking  
during pregnancy



Any drinking by  
people younger than 21

# Heavy Drinking

**K Morrison**



**Heavy Drinking:**

Delve into the emotional tapestry woven by in Dive into the Emotion of **Heavy Drinking** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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