

*Revised & Updated*

SUSAN M. LARK, M.D.

# *Heavy Menstrual Flow & Anemia*

SELF HELP BOOK



*Effective solutions for premenopause, fibroid tumors,  
endometrial hyperplasia, bleeding  
due to hormonal imbalance, and low blood count*

# Heavy Menstrual Flow And Anemia Self Help

**DJ Losen**



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