

Pain Chart for Kids

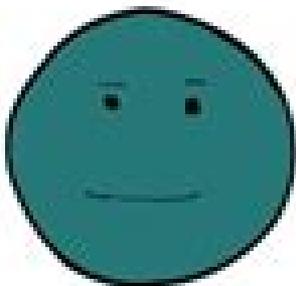
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No pain

I feel great!

1-2



A little

It hurts but I'm ok.

3-4



A lot

Uncomfortable, bothersome pain but I can still play.

5-6



Can't think

Distracting pain that's hard to ignore and makes it tough to concentrate.

7-8



Horrible

Intense, severe pain that makes playing, eating, talking and listening difficult.

9-10



No words

Excruciating, unbearable pain. I can't move or talk.

Free Of Pain

Padhraic Smyth



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