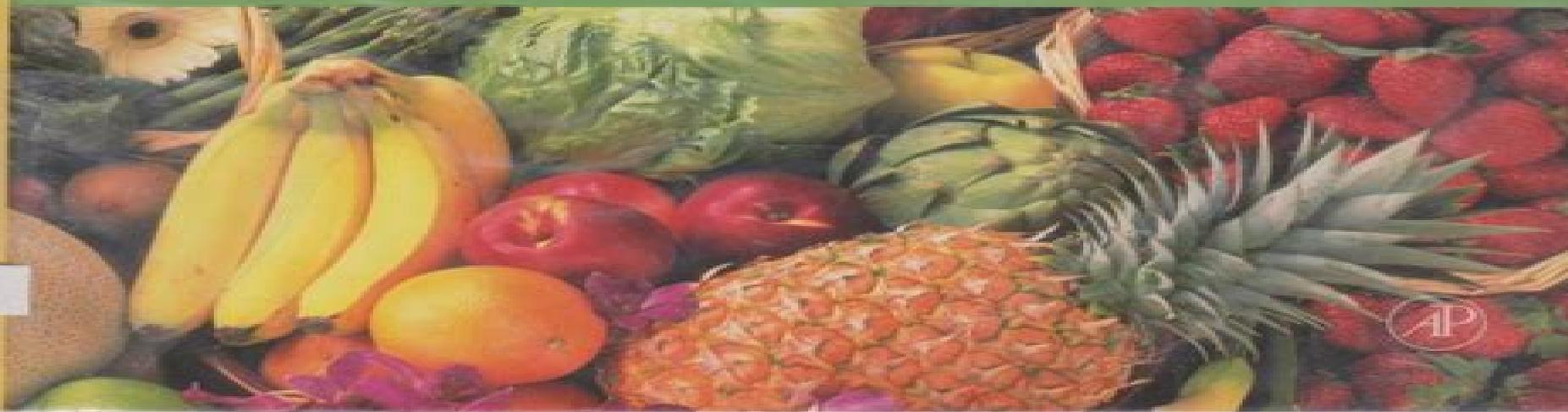


Prepared by medical and nutrition experts from  
Mayo Clinic, University of California Los Angeles, and Dole Food Company, Inc.



# ENCYCLOPEDIA *of* FOODS

A GUIDE TO HEALTHY NUTRITION



# Encyclopedia Of Foods A Guide To Healthy Nutrition

**Anthony S. Fauci**



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